

September 2011



## Philadelphia Section AIHA Newsletter



# September 2011 Workshop/Networking Event:

## “Mentoring- Help Shape The Future”

Our first meeting of the 2011-2012 term, on Tuesday, September 20th, will begin a year-long emphasis by the Philadelphia Section AIHA on mentoring. A two-hour workshop will be presented for those interested in being mentors and those who would like to be mentored. The workshop will be led by Melissa Osborne Rupert, of AIHA's Mentoring Program.

The workshop will be followed by a social/networking event, providing an opportunity for attendees to begin the process of finding mentoring partners. A cash bar and light appetizers will be served.

This event will be FREE for the first 30 people to pre-register.

ABIH CM points have been applied for.

# Philadelphia Section AIHA

September 2011 Workshop/Networking Event

*“Mentoring- Help Shape The Future”*

Tuesday, September 20th, 2011

Villanova Conference Center

601 County Line Road Radnor, PA

## Agenda

2:30 PM Registration/Networking

3:00 PM Mentoring Workshop  
(Melissa Rupert: AIHA Mentoring Program)

5:00 PM Social/Networking/Mentoring Event

7:30 PM Adjournment

Cost: FREE (limited to the first 30 to pre-register)

Pre-registration is REQUIRED for this event; due to space limitations, walk-ins may not be admitted.

To pre-register, please send an email with your name and company affiliation to [register@philaaaha.com](mailto:register@philaaaha.com) before Noon on Friday, September 16th.

ABIH CM points have been applied for.

601 County Line Road  
Radnor, PA 19087  
Phone: 610.523.1776  
Fax: 610.523.1777



## Driving Directions to The Villanova Conference Center

**Using GPS: If you are using a GPS to navigate to the Villanova Conference Center, please use 629 County Line Road, Radnor, PA 19087 as the address, or enter Latitude 40.05 and Longitude -75.35.**

**From Philadelphia International Airport:** When leaving the airport, follow signs for I-95 South. Take I-95 South to Rt. 476 North (Plymouth Meeting.) Follow Rt. 476 North to Exit 13 (St. David's/Villanova.) At the bottom of the exit ramp, proceed straight at the traffic light onto King of Prussia Road. Follow King of Prussia Road to the 2nd traffic light and turn right onto Matsonford Road. Follow Matsonford Road approximately half a mile and turn right into the Matsonford Gate entrance to The Villanova Conference Center. (marked by blue signs on the stone gates).

**From the North:** Take the New Jersey Turnpike to Exit 6 (Pennsylvania Turnpike Exit.) Follow the Pennsylvania Turnpike to Route 476 South towards Philadelphia/Chester, and bear left at the fork. Take 476 South to Exit 13 (St. David's/ Villanova). At the bottom of the exit ramp, turn right onto Rt. 30 East (Lancaster Avenue.) At the 1st traffic light turn left onto King of Prussia Road. Follow King of Prussia Road to the 2nd traffic light turn right onto Matsonford Road. Follow Matsonford Road approximately half a mile and turn right into the Matsonford Gate entrance to The Villanova Conference Center. (marked by blue signs on the stone gates).

**From the South:** Take I-95 North to Route 476 North. Take Route 476 North to Exit 13 (St. David's/ Villanova.) At the bottom of the exit ramp, proceed straight at the traffic light onto King of Prussia Road. Follow King of Prussia Road to the 2nd traffic light and turn right onto Matsonford Road. Follow Matsonford Road approximately half a mile and turn right into the Matsonford Gate entrance to The Villanova Conference Center. (marked by blue signs on the stone gates).

**From the East (Philadelphia/ 30th Street Station):** Take I-76 West to Exit 330 (Gulph Mills.) At the bottom of the exit ramp, turn left then turn left again at the stop sign, following signs for Route 320 South. At the traffic light at the intersection for 320 South, turn left. Follow 320 South (South Gulph Road) through two traffic lights, just after you pass the Sunoco Station, turn right before the third traffic light onto Matsonford Road. Proceed on Matsonford Road for half a mile and turn left at the 1st traffic light onto County Line Road. The Conference Center is the second entrance on the right (marked by blue signs on the stone gates).

**From the West:** Take the Pennsylvania Turnpike to I-76 East towards Philadelphia. Take I-76 East to Exit 330 (Gulph Mills.) At the bottom of the exit ramp, turn right onto Rt. 320 South. Follow 320 South (South Gulph Road) through two traffic lights, just after you pass the Sunoco Station, turn right before the third traffic light onto Matsonford Road. Proceed on Matsonford Road for half a mile and turn left at the 1st traffic light onto County Line Road. The Conference Center is the second entrance on the right (marked by blue signs on the stone gates).



**Melissa M. Rupert, CIH, MS**

Ms. Rupert obtained her Masters degree in the University of Cincinnati's nationally renowned Environmental and Industrial Hygiene program. She has a sound background in research, including indoor and outdoor air quality assessment. Her most noteworthy research was attained at the University of Cincinnati, where she studied the effects of airborne fungal spore concentrations on the allergic sensitization of children. Ms. Rupert's research into the relationship between fungal exposure and allergic response has been published in the medical peer-reviewed journal Pediatric Allergy and Immunology. Ms. Rupert continues to give back to the University of Cincinnati program through periodic educational presentations and program recruitment efforts. Furthermore, she serves on the University's ABET Accreditation Advisory Board to provide faculty feedback on program curriculum and policies.

Ms. Rupert has extensive experience in exposure assessment strategies and techniques in a broad spectrum of occupational environments, and has provided companies with recommendations that were successful in reducing potential employee exposures and costs associated with worker injury. She has also attended the Indiana Department of Environmental Management's Qualified Inspector Training Course for clandestine drug labs. Ms. Rupert is a graduate of the AIHA Future Leaders Institute Class of 2007.

Presently, Ms. Rupert is enjoying her employment as the Director of Industrial Hygiene for Concentra Environmental, Health, and Safety Services, a national EH&S consulting company. There she shares her passion for the IH profession with team members and customers alike. She has established a Mentoring Program within the company aimed at providing professionals of all levels with the support and opportunities needed for professional growth. Ms. Rupert is the leader of the AIHA Mentoring Program, a program she believes will sustain the future of the profession by providing a well-integrated support system to be used by industrial hygienists of all ages, background, and experience. The National AIHA program has grown by 300% in the last two years.



**PHILADELPHIA SECTION AIHA**  
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